

TOOTHY



GRINS ALL ROUND

Local schoolchildren had the chance to learn about the importance of dental health – thanks to a visit from two little trolls!

Karius and Bactus are characters from a play of the same name which looks at how a young boy learns about the importance of brushing your teeth, healthy eating and visiting the dentist after getting a cavity.

Oxford Gardens Primary School was one of the first of ten in the borough to be visited in February by theatre troupe Little Troll Productions.

As well as seeing the play, children received a free toothbrush, toothpaste and information about finding a dentist from NHS Kensington and Chelsea's Oral Health Team.

Local NHS Dentist Parish Vaid was at one of the performances at Oxford Gardens School and has been working with NHS Kensington and Chelsea looking at ways to get local children into the dentist's chair.



Local dentist Parish Vaid and Practice Manager Bianca Singh from Ladbroke Grove Dental Care help encourage kids to brush at Oxford Gardens School.

"It's important to make dental health child-friendly. Things like this are great because the kids get excited about looking after their teeth and it also increases the awareness amongst parents."

Local dentist Parish Vaid

LOOKING FOR A NHS DENTIST IN KENSINGTON AND CHELSEA?

There are 16 practices in Kensington and Chelsea which provide NHS dental treatment and are able to see new patients.

For a list of practices visit www.kc-pct.nhs.uk or phone our Patient Advice and Liaison Service on **020 8962 4547**. You don't have to be registered with a dental practice to get an appointment.

If a practice is unable to offer you an appointment as a NHS patient then you can either approach another NHS dental practice or call the Patient Advice Liaison Service (PALS) on 020 8962 4547.

The NHS Choices site www.nhs.uk also provides more information on NHS dental practices and their opening times and services.



Left: Gina Lee shows off her pearly whites

The cover photo is of Leone Charles-Maynard (left) and Lucca Green Sabharwal (right) with their free toothbrushes supplied by NHS Kensington and Chelsea.